

| | |
|--|--|
| General support | <p>Citizens Advice Bureau (rights and responsibilities)</p> <p>Crimestoppers (reporting crime)</p> <p>Equality Advisory and Support Service</p> <p>Metropolitan Police</p> <p>NHS 111 (non-emergency service)</p> <p>Samaritans 116 123</p> <p>Stop Hate UK (all forms of hate crime and discrimination)</p> <p>Victim Support (victims of crime)</p> <p>National Stalking Helpline (support for anyone experiencing stalking)</p> |
| Hate crime related support | <p>Stop hate UK (all hate crime)</p> <p>True Vision (all hate crimes)</p> |
| Sexual misconduct related support | <p>Rape Crisis (rape and sexual abuse)</p> <p>The Havens (London-based support for survivors of recent rapes/sexual assaults for all genders)</p> <p>NAPAC (support for survivors of childhood sexual abuse for all genders)</p> |

| | |
|---------------------------------|--|
| Female related support | <p>National Domestic Abuse Helpline: 0808 2000 247</p> <p>Solace Women's Aid (0808 802 5565 / advice@solacewomensaid.org)</p> <p>Women's Aid</p> <p>Refuge support for women and children who have experienced domestic abuse)</p> <p>Rights of Women (free and confidential legal advice for women)</p> |
| Male related support | <p>Men Who Talk Men's Mental Health Charity UK</p> <p>Survivors UK (male victims of rape and sexual abuse)</p> <p>Mankind (support for men who have been sexually abused)</p> <p>Men's advice line (support for men experiencing domestic violence)</p> |
| Race related support | <p>The Monitoring Group (racial harassment and abuse)</p> <p>Southall Black Sisters (BME women's rights and advice)</p> <p>Imkaan (provides full list of organisations supporting BAME women survivors of sexual and domestic violence)</p> |
| LGBTQIA+ related support | <p>Galop (LGBT+ anti-violence charity)</p> <p>Switchboard (LGBT+ helpline)</p> <p>TransUnite (find a trans support group near you)</p> |

| | |
|--|---|
| Disability related support | <p>Mencap (the voice of learning disability)</p> <p>Mind (mental health)</p> <p>Respond (support for children and adults with learning disabilities who have experienced abuse and/or trauma for all genders)</p> <p>DeafHope (support for Deaf people experiencing domestic abuse)</p> <p>Stay Safe East (supporting Deaf and disabled survivors of hate crime, domestic and sexual abuse in Waltham Forest and Newham areas of London only)</p> |
| Religion and belief related support | <p>Karma Nirvana (supporting victims of honour-based abuse and forced marriage)</p> <p>Forced Marriage– 020 7008 0151 (emergencies)</p> <p>Muslim Women’s Network (support for Muslim women experiencing or at risk of abuse)</p> <p>Tell Mama (anti-Muslim hate crime)</p> <p>Community Security Trust (anti-Semitic hate crime)</p> |